

Emergency Numbers

Adult/Child Protective Services	240-895-7016
Medical or Psychiatric Emergency	Call 911
Sheriff's Office	301-475-8008
Walden 24-hour Hotline	301-863-6661

Mental Health Assistance

Health Department/Behavioral Health	301-475-4330
Beacon of Hope (recovery & wellness center)	240-298-0212
Walden Behavioral Health	301-997-1300
Pathways	301-373-3065
QCI Behavioral Health	301-636-6504
Center for Children	301-475-8860
Vesta	301-863-4543
So. MD Community Network	410-535-4787

Financial Assistance

Department of Social Services	240-895-7000
Hope	301-737-2870
Dept. of Aging and Human Services	301-475-4200
St. Vincent De Paul: Immaculate Heart of Mary	301-863-8193
St. Vincent De Paul: St. Aloysius	301-475-8064
St. Vincent De Paul: Immaculate Conception	301-884-3123
Southern Maryland Tri-County Community Action	301-475-5574
Three Oaks Center	301-863-9535
Navy/Marine Corps Relief Society	301-342-4739
Lifestyles of Maryland	301-609-9900
Lexington Park UMC (prescription meds only)	301-863-8500
Salvation Army (via Lifestyles)	1-866-293-0623

Legal Services

Center for Family Advocacy	301-373-4141
Southern Maryland Legal Aid Bureau	301-932-6661

Housing Support

Department of Social Services	240-895-7000
Housing Authority of St. Mary's County	301-866-6590
Three Oaks Center (men, women & veterans)	301-863-9535
Catholic Charities' Angels Watch (men & women)	301-274-0682
Lifestyles' Gayle's Place (victims of domestic violence)	1-866-293-0623
WARM (cold months)	240-895-7000

Clothing

LPUMC Clothes Closet	301-863-8500
(Wednesday 10 a.m.-12 p.m.)	

Soup Kitchens

St. Mary's Caring (Good Samaritan Church) (breakfast & lunch, Mon-Sat)	301-863-5700
Loaves and Fishes (First Saints Church by St. Mary's Hospital) (Tues & Thurs, 11 a.m.-12:30 p.m.)	301-475-7200

Food Pantries

First Saints Church (Tues & Thurs, 11 a.m.-12:30 p.m.)	301-475-7200
Good Samaritan Church (Wed & Fri, 10-11:30 a.m.)	301-863-4740
Helping Hands: Mechanicsville (Mon, Wed & Fri, 10 a.m.-1 p.m.)	301-297-2785
Hope: Church of the Ascension (Mon-Thurs, 9-11:45 a.m.)	301-737-2870
Immaculate Heart of Mary (Mon, Wed & Fri, 9 a.m.-noon)	301-863-8193
Lexington Park Baptist Church (Wed, 1-3:30 p.m.)	301-862-2552
Lifestyles of Maryland	301-609-9900
St. Cecilia's Catholic Church	301-862-4600
St. Mark's UME (Mondays 12-2:30 p.m.)	301-994-2090
Trinity Lutheran Church (Tues, 6-7:30 p.m., every Tues during summer)	301-863-9512
Zion United Methodist Church (Thurs, 6-7 p.m.)	301-863-5161

St. Mary's County Homeless Prevention Board Resource Directory



Calvert - Charles - St. Mary's
Continuum of Care
Dedicated to ending homelessness

*Homeless? Call 240-895-7000 or visit the
Department of Social Services for a housing referral*

Additional Services

Walden (substance abuse)	301-997-1300
Medical Transportation	301-475-4296
Office on Aging	301-475-4444
Meals on Wheels	301-475-4200, x *1050
Schedule AA Meetings	800-492-0209
Care Net Pregnancy Center	301-737-4604
Adult Education & ESL	240-725-5473
AccessHealth	240-237-8272
MD Access Point (elderly & disabled)	301-475-4200, x *1057

Persons with Disabilities

So. MD Center for Independent Living	301-884-4498
On Our Own	301-997-1066