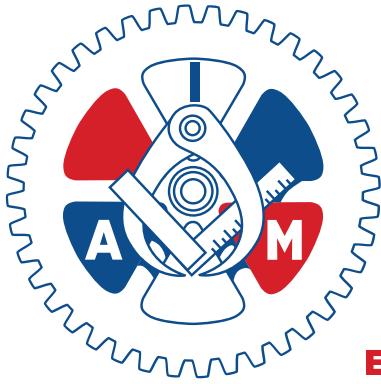




IAM

LOCAL 4

Employee/Membership Assistance

Cindy Wade

410-610-3187

Jeremy Leissner

405-650-8535

Employee/Membership Assistance Program (EAP) is a confidential service designed to help our union members deal with personal or work-related problems that may affect their job performance, health, or well-being.

Your Local 4 Union EAP representatives are here to help, don't hesitate to reach out!

**Financial
Aid/Services**

Department of Social Services

St. Mary's County - 240-895-7000

Calvert County - 443-550-6900

Charles County - 301-392-6400

<https://beacon.labor.maryland.gov>

<https://unemployment.dc.gov>

<https://www.vec.virginia.gov>

<https://southernmarylandjobsource.org>

**Unemployment
Resources**

Crisis Hotline

24/7 Emotional support - Call or text 988

VA Mental Health hotline - Call 988-1 or text 838255

For additional resources visit www.iamlocal4.org and click the resources tab